



Scan for more tools

Underrated
Superhero

Academic & Social Functioning Screener

To identify potential challenges in school performance, peer relationships, and emotional wellbeing that may require additional support or intervention.

Instructions: Read each statement aloud (if needed) and ask the youth to rate themselves, or use teacher/caregiver input for younger students. Review each grounding technique and mark one below.

Rating Scale:

0 = **Never/Rarely** 1 = **Sometimes** 2 = **Often** 3 = **Almost Always**

Section A – Academic Functioning	
Item	Rating (0-3)
Has difficulty completing homework or assignments on time.	
Struggles to pay attention during lessons.	
Avoids participating in class activities or discussions.	
Receives lower-than-expected grades for ability level.	
Has frequent absences or tardiness.	
Section B – Social Functioning (Peers & Teachers)	
Item	Rating (0-3)
Has close friends they trust.	
Feels left out or excluded by peers.	
Experiences teasing, bullying, or social conflict.	
Gets along well with teachers and school staff.	
Avoids group activities or social events.	
Section C – Emotional & Behavioral Indicators	
Item	Rating (0-3)
Shows signs of stress, anxiety, or sadness related to school.	
Acts out or disrupts class.	
Expresses low confidence in academic abilities.	
Appears withdrawn or disengaged.	
Frequently reports headaches, stomachaches, or feeling “sick” to avoid school.	

Scoring Guide:

0–10: Functioning well, no immediate concerns.

11–20: Mild concerns, monitor and provide informal support.

21–30: Moderate concerns, consider targeted intervention or small-group support.

31–45: High concerns, recommend comprehensive assessment and individualized plan.

Follow-Up Questions:

1. What's one thing that would make school easier for you?
2. Who at school do you feel comfortable talking to?
3. What's your favorite and least favorite part of the school day?

Notes
