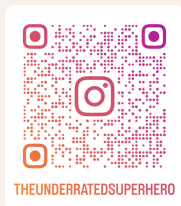


# Printable Version

**Daily Practices to Support  
Wellness and Longevity in  
the Counseling Profession**

**\*Hang this near your desk, share  
with interns, or include in  
supervision packets.**



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