

SUBSTANCE USE DISORDER TOOL

DATE :

NAME:

Alcohol F10	Opioid F11	Cannabis F12	Sedative Hypnotic Anxiolytic F13	Cocaine F14	Stimulant F15	PCP F16	Tobacco/ Nicotine F17	Inhalant F18	Other F19
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IMPAIRED CONTROL

- ☐ Consuming the substance in larger amounts and for a longer amount of time than intended.
- ☐ Persistent desire to cut down or regulate use. The individual may have unsuccessfully attempted to stop in the past.
- ☐ Spending a great deal of time obtaining, using, or recovering from the effects of substance use.
- ☐ Experiencing craving, a pressing desire to use the substance.

SOCIAL IMPAIRMENT

- ☐ Substance use impairs ability to fulfill major obligations at work, school, or home.
- ☐ Continued use of the substance despite it causing significant social or interpersonal problems.
- ☐ Reduction or discontinuation of recreational, social, or occupational activities because of substance use.

RISKY USE

- ☐ Recurrent substance use in physically unsafe environments.
- ☐ Persistent substance use despite knowledge that it may cause or exacerbate physical or psychological problems.

PHARMACOLOGICAL CRITERIA

- ☐ **Tolerance:** Individual requires increasingly higher doses of the substance to achieve the desired effect, or the usual dose has a reduced effect; individuals may build tolerance to specific symptoms at different rates.
- ☐ **Withdrawal:** A collection of signs and symptoms that occurs when blood and tissue levels of the substance decrease. Individuals are likely to seek the substance to relieve symptoms. No documented withdrawal symptoms from hallucinogens, PCP, or inhalants.
- ☐ **Note:** Individuals can have an SUD with prescription medications, so tolerance and withdrawal (criteria 10 and 11) in the context of appropriate medical treatment do not count as criteria for an SUD.

Mild: 2-3 criteria

Moderate: 4-5 criteria

Severe: 6-11 criteria