

BOUNDARIES THAT SAY

“I CARE”

WITHOUT LOSING YOURSELF



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**“I CARE ABOUT
YOU, BUT I
WON'T LIE FOR
YOU.”**

WHAT WOULD IT FEEL LIKE TO SAY THIS OUT LOUD?



**“LET ME KNOW
WHEN YOU’RE
READY FOR HELP
– I’LL BE HERE.”**

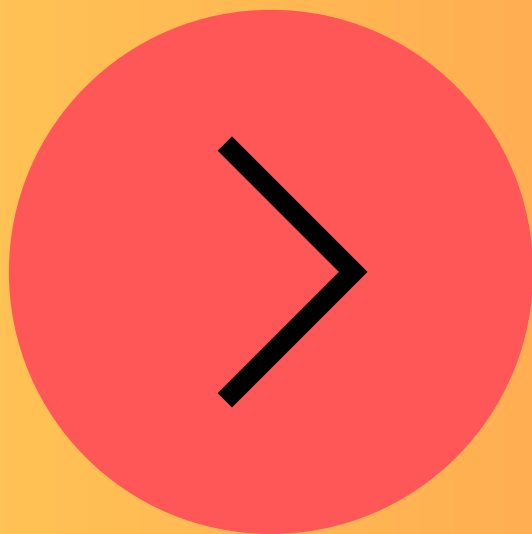
WHO NEEDS TO HEAR THIS FROM YOU?



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**“I CAN’T FIX
THIS, BUT I’M
STILL IN YOUR
CORNER.”**

WHAT MAKES IT HARD TO HOLD THIS LINE?



UTILIZE THE SUPPORT NETWORK ADVOCACY TOOL FOR EMPOWERING CLIENTS

● FROM THE UNDERRATED
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