

Ethical Decision-Making Worksheet for Culturally Responsive Treatment

Use this worksheet to analyze ethical dilemmas related to cultural responsiveness in addiction treatment.

Identify the Ethical Dilemma

- What is the ethical concern related to cultural responsiveness?
- How does the client’s cultural background influence their treatment approach?
- Are there conflicting values between standard treatment models and the client’s preferences?

Briefly describe the ethical issue:

Ethical Principle	Guiding Questions	Your Response
Autonomy	Does the client have the right to refuse treatment that does not align with their cultural beliefs?	☐ Yes ☐ No ☐ Uncertain
Justice	Are there disparities in access, quality, or cultural appropriateness of treatment?	☐ Yes ☐ No ☐ Uncertain
Nonmaleficence	Could provider bias or lack of cultural awareness negatively impact the client’s well-being?	☐ Yes ☐ No ☐ Uncertain

Additional considerations regarding ethical principles:

Explore Alternative Solutions

- How can treatment be adjusted to be more culturally inclusive?
- Are additional consultations, referrals, or community-based supports available?
- Would integrating traditional healing practices or culturally adapted interventions improve engagement?

List alternative approaches for culturally responsive care:

1

2

3

4

5

Make an Ethical Decision & Document the Process

- What is the final decision regarding this ethical dilemma?
- How does this decision align with professional ethical standards?
- How will this be communicated to the client and treatment team?

Final Decision & Justification:

Next Steps & Implementation Plan:

Reflection & Action Plan

How did this process help clarify the ethical decision?

What additional training or supervision might be needed to enhance cultural competence?

How can these insights improve future culturally responsive treatment approaches?
