
Next Steps for Clinical Growth Checklist

Purpose: A structured guide for clinicians to evaluate professional growth areas and set development goals.

Step 1: Identifying Growth Areas

Which professional development areas do you want to focus on?

- ☐ Expanding clinical skills in evidence-based modalities
- ☐ Improving client engagement strategies
- ☐ Enhancing cultural competency
- ☐ Strengthening ethical decision-making skills
- ☐ Seeking peer support, consultation, or supervision

Step 2: Self-Assessment of Current Strengths & Weaknesses

What are your strongest clinical skills?

1

2

What areas do you feel less confident in?

1

2

Step 3: Setting Professional Development Goals

What learning opportunities will you pursue?

- ☐ Attend a workshop or conference
- ☐ Enroll in an online training or certification program
- ☐ Engage in regular peer consultation
- ☐ Read and apply new research in practice
- ☐ Set structured time for case review and self-reflection

Action Plan for Next 3-6 Months:

1

2

3

Check-In Date for Progress Evaluation: _____